



TRUMPINGTON PARK NEWS

6th March 2026

What a roar-some week it has been at Trumpington Park Primary School! To celebrate World Book Day, our corridors were filled with every creature imaginable – from proud peacocks to cuddly cubs – all showing off their love for reading. The children really proved they're the pick of the literary litter, and we couldn't be more otterly delighted with the enthusiasm, imagination and joy they brought to the day.

Year 4 absolutely outdid themselves with their spectacular production – a brilliant mash-up of Varjak Paw and Ancient Egypt. Who knew cats and pharaohs went together so perfectly? The performance was full of confidence, fun and feline flair, and we are incredibly proud of how well the children worked together to bring the story to life. Truly the cat's whiskers!

Reception were shining stars this week as they opened their classroom doors to 22 teachers from across the region. Our visitors were so impressed with the creativity, independence and confidence shown by the children, and it was wonderful to see how proudly they talked about their learning. A huge well done to our Reception pupils and team – you made us all beam with pride.



Year 5 had an exciting and inspiring time at the Careers Fair, where they learned about a huge range of jobs they might want to explore in the future. Their behaviour was commented on as the best of all schools attending (not that we're surprised!), and the children particularly loved the rock-climbing activity. Who knows – we may have future mountaineers, adventurers or rescue professionals among us!

Across the school, our pupils have also been busy taking part in a variety of sporting adventures. Their dedication, teamwork and determination have been fantastic to see, and we continue to be proud of the way they represent the school in every setting.

Some of our Year 5 and 6 girls enjoyed a brilliant STEM trip where they explored different types of computers, coding and technology. They were especially amused by the “really old” PCs – though I'm not convinced they were that old, since I distinctly remember using a Mac just like it in primary school... and I am definitely still young! It was wonderful to see their curiosity and confidence growing as they learned more about opportunities in tech.



**WORLD
BOOK
DAY**





Book Mark Competition

The School Council enjoyed looking through all 154 (!) entries of the bookmark competition for World book day. Thank you to all the children that entered. It was great to see such creative and inspiring entries.

A huge well done to our winners:

Reception: Jesse- Rae

Year 1- Steve

Year 2- Emma

Year 3- Ezra

Year 4- Rysha

Year 5- Charli

Year 6- Kaymi



This Week's Learning

This week, a group of Year 5 and 6 girls went to the Centre for Computing History as part of their Women in Computing festival. They were able to meet developers, artists, producers and motion capture technicians from Ninja Theory, finding out how these inspirational women had got into the industry. The girls then spent time training an AI motion model on 'Microbit' programmable microcontrollers, before using them to explore clues hidden around the museum's exhibits. After a wonderful talk by Alison Kiddle about how maths underpins computing and how women helped build the digital world we live in, they ended the day with a look at what else the museum has to offer, including the earliest versions of favourites like Mario and Sonic! Who knows what our fantastic girls might contribute themselves in the future!







Sporting Success

Girls football match

On 4th March, the girls football team went to Cambourne to join football tournament. As we also played against ~~the~~ few other schools. Unfortunately we did not win but we came 5th out of 7th place, and we all had so much fun and really enjoyed it. ~~And~~ I hope we would also have this experience in the future.

by Anabika Arsalan
Year 6 Holiday

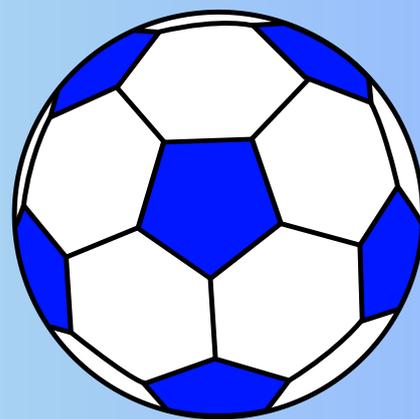


A Team v University of Cambridge Primary School

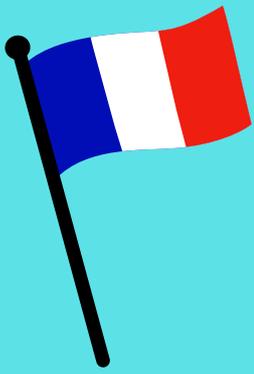
The team played a tough game in glorious sunshine in Girton and despite never giving up things never quite went their way and lost 4-1 in a match that was much closer than the scoreline suggested.

Player of the Match Ethan ran and tackled and kept the team going with Raffi working tirelessly in attack. Luck was not on our side with us hitting the underside of the crossbar only for the ball to bounce out, and several good chances being saved by their goalkeeper. Angelo scored a well taken consolation goal late in the

2nd half but University were a team inspired and deserved winners on this occasion. Well done to all those who played and thanks to the parents for transporting the boys to the game.



Hello everyone,
my name is Joshua I was the vice captain in our schools (football) B team game against William Westley's B team. The score was 5-1 to us with goals being scored by Rowell, Dustin and Aaron as well as me getting two assists. In the first half, William Westley gave away acres of land on the right side of the pitch which we punished ruthlessly. Still, whilst they made this mistake in the first half, they were keen not to make it again, defending solidly and getting a goal back themselves. To sum it up, it was 5-1 with chances at both ends,
From Joshua



French Links

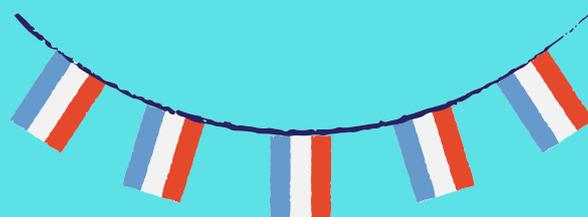


Year 3: Play this game to practise our pets:
Four in a row game to learn Pets in French
for primary free

Year 4: Practise a new weather song:
Quel temps fait il? - Alain Le Lait

Year 5: Label the monster in this game:
Grand Monstre Vert - Labelled diagram

Year 6: Read, or listen to, an Asterix and Obelix
book. Here's one on YouTube:
Asterix The Gaul by René Goscinny.
Audiobook





2026 School Dates

2026

March

17th March – EY Curriculum Meeting for Parents

19th March – Year 6 Information Evening for Parents – SATs and Grafham Water

25th and 26th March – Reception Performance

26th March - Open Classrooms

April

May

1st and 8th May – Year 3 and 4 Botanic Garden

4th May – Year 4 Bikeability

20th and 21st May – Year 5 Performance

June

3rd June - Reception trip to South Angle Farm (approx. cost £20)

TBC June – Year 5 and 6 trip to Byron's Pool

17th June – KS2 Sports Day

18th June – KS2 Sports Day (Reserve)

23rd June – KS1 Sports Day

24th June and **25th June** – Year 2 performance

26th June – KS1 Sports Day (Reserve)

29th June – Year 1 Castle Visit (approx. cost £25-£30)

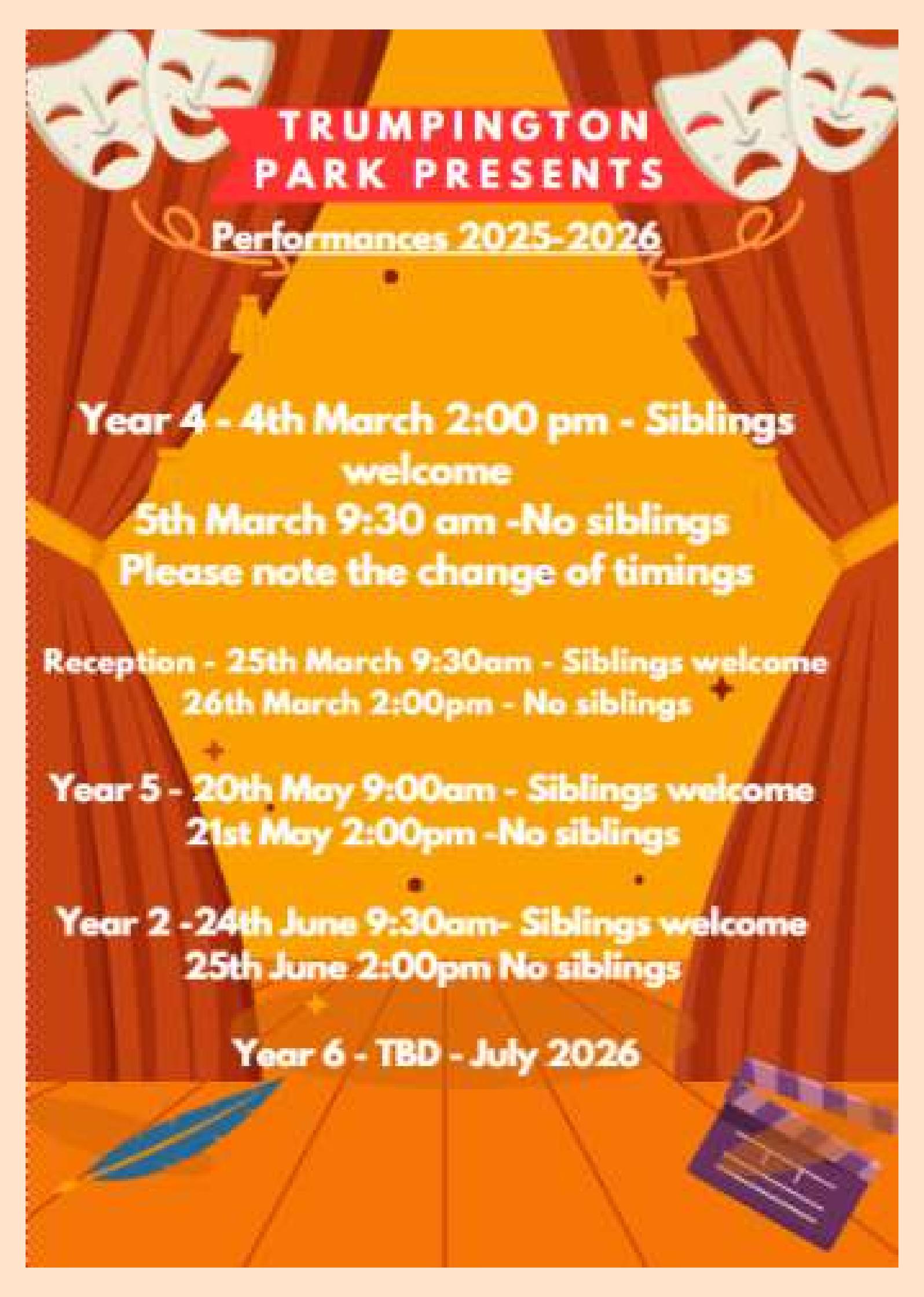
30th June - Open Classrooms

July

13th July – Year 2 Castle Visit (approx. cost £25-£30)

TBC July - Year 6 Performance

8th – 10th July – Year 6 Grafham Trip (approx. cost £250)

The background features a stylized theater stage with red curtains and a yellow spotlight. At the top, there are two pairs of white theater masks, one on the left and one on the right, each with a smiling and a frowning face. A red banner with white text is positioned across the top. The text is centered and reads "TRUMPINGTON PARK PRESENTS" in a bold, sans-serif font. Below the banner, the text "Performances 2025-2026" is written in a white, cursive font. The main body of the text is in a bold, white, sans-serif font, listing performance dates and times for different year groups. The text is centered and reads: "Year 4 - 4th March 2:00 pm - Siblings welcome", "5th March 9:30 am - No siblings", "Please note the change of timings", "Reception - 25th March 9:30am - Siblings welcome", "26th March 2:00pm - No siblings", "Year 5 - 20th May 9:00am - Siblings welcome", "21st May 2:00pm - No siblings", "Year 2 - 24th June 9:30am - Siblings welcome", "25th June 2:00pm No siblings", and "Year 6 - TBD - July 2026". At the bottom, there is a blue feather on the left and a blue clapperboard on the right.

**TRUMPINGTON
PARK PRESENTS**

Performances 2025-2026

**Year 4 - 4th March 2:00 pm - Siblings
welcome**

**5th March 9:30 am - No siblings
Please note the change of timings**

**Reception - 25th March 9:30am - Siblings welcome
26th March 2:00pm - No siblings**

**Year 5 - 20th May 9:00am - Siblings welcome
21st May 2:00pm - No siblings**

**Year 2 - 24th June 9:30am - Siblings welcome
25th June 2:00pm No siblings**

Year 6 - TBD - July 2026

Online Safety

Children and young people are increasingly turning to social media for mental health advice, but much of what they encounter online is unverified, oversimplified or misleading. This #WakeUpWednesday guide explores why platforms like TikTok and Instagram have become go-to sources and how misuse of clinical language and viral trends can distort children and young people's understanding of mental health.

What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

A research study by Ofcom revealed that children aged 9-15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

WHAT ARE THE RISKS?

POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and misinterpretations. While appearing to young audiences, this unverified content can alarm, patronise, and create unrealistic expectations and misconceptions about mental health conditions.

RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health concerns based on their own observations, which can be unnecessary, wrong, or delay essential professional intervention. This has the potential to equate manageable conditions like more significant mental health issues requiring comprehensive clinical support.

LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread easily and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or self-harmful symptoms. For example, past TikTok trends on self-harm or anxiety have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as "bipolar" or "OCD", making serious conditions seem trivial or less severely understood. Such misinformation can diminish empathy, and lead young people to underestimate mental health concerns, potentially preventing them from identifying real mental health issues in themselves or others.

REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

Advice for Parents & Educators

MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on observing accurate content. Tools such as parental controls or co-viewing content can help reduce exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

ENCOURAGE OPEN DIALOGUE

Foster a non-judgmental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and personal mental health concerns helps clarify misconceptions, reduces misinformation, and builds trust. Encourage expressing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

Meet Our Expert

Anne Bateson is Director of eMycin Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anne specialises in bringing mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.

#WakeUpWednesday

The National College

@wake_up_weds | www.thenationalcollege | @wake.up.wednesday | @wake.up.weds

SEE THE ACTUAL WORLD CUP TROPHY!!!



BIG International Women's Day Rugby Festival!

Sunday 8 March | 1:00–4:00pm
Cambridge Rugby Club, Ellgia Fields, CB5 8NT

Cambridge Rugby Club is hosting a huge afternoon of girls' and women's rugby on Sunday 8 March as part of the Community Rugby Trophy Tour and International Women's Day — and everyone is welcome!

From 1:00–4:00pm, over 250 girls will be competing in the Eastern Counties Conference alongside senior women's matches, with the **ACTUAL Women's Rugby World Cup Trophy** on site for families to see up close.

Expect a brilliant festival atmosphere with rugby across the pitches, BBQ, fun activities, a rodeo bull and plenty of energy throughout the club.

Bring the family and join us for an exciting community celebration of International Women's Day through sport!

Contact Nickie Muirhead for more information: Rubies@crufc.co.uk
Cambridge Rubies Girls Rugby (@cambridgerubies on Instagram)



Wildlife Trust for
**Beds, Cambs
& Northants**

Follow and share



The Wildlife Trust for Beds,
Cambs and Northants

**Cambourne and Trumpington Meadows
Family Events Apr-June 2026**

Cambourne: Wild in the Woods

Wed 1st April: Dens, sticks and tools
Wed 27th May: Picnic in the orchard
Sat 27th June: Pond dipping and wild walk

Trumpington Meadows: Wild in the Meadows

Sat 25th April: Outdoor art
Thurs 28th May Picnic in the orchard
Sat 13th June: Pond dipping and wild walk
Sun 21st June: Community Nature Day

Book online: wildlifebcn.org/events

Member of the
Wildlife Trust BCN?

Our member benefits include
a discount on events!

Find out more here:
wildlifebcn.org/join



The Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire, The Manor House, Broad Street,
Cambourne, CB23 6QH Tel: 01934 703600 Email: cambridgeshire@wildlifebcn.org Registered charity No. 3000410

TRUMPINGTON PARK PRIMARY

Clubs

FOR CHILDREN IN
YEARS 2 - 6



Session Times

Breakfast Club	After School Club
7:30 - 8:30am £7.00	3:15 - 5:15pm £13.50
8:00 - 8:30am £4.00	3:15 - 6:00pm £16.00



Our Team

Experienced and caring
staff including:
Ewelina, Heba, Vicky, Yahya,
Laurence, Joe & Emma.



Food & Snacks

Selection of Sandwiches,
fruits and popcorn.
We cater for all dietary
requirements.



Additional Support

We welcome children with SEN
needs. Please contact
info@activeplayededucation.co.uk
to discuss individual needs.

Book Now



Scan the QR code to visit
our website

<https://www.activeplayededucation.co.uk/>



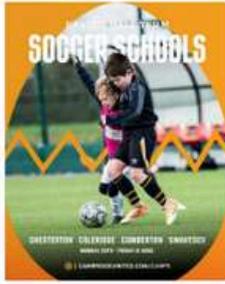
Education Inclusion Family Advisor Team Countywide Online Workshop Offer

The EIFA team would like to present our newly updated workshops on a variety of parenting and family issues for February and March.

Please ensure you book onto each workshop individually by clicking on the link or scanning the QR code and completing the registration form.

Supporting Your Child with Sleep	Tuesday, 24 February 2026, 12:00-13:30	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 
Managing Challenging Behaviour	Thursday, 26 February 2026, 12:00-13:30	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 
Supporting Your Child with Angry Feelings	Tuesday, 3 March 2026, 12:00-13:30	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 
Sibling Rivalry	Thursday, 12 March 2026, 12:00-13:30	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 
Digital Safety	Tuesday, 17 March 2026, 12:00-13:30	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 
Supporting Your Child with Feelings of Worry	Tuesday 24 March 2026, 12:00-13:30	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 

If you have any questions about our workshops, or the EIFA service in general, please contact earlyintervention@cambridgeshire.gov.uk



Hi Students and Parents,

Easter Soccer Schools are here, and we are inviting you to join us during this Easter Holiday!!!

Join Cambridge United for their **Easter Soccer Schools** from Monday 30th March – Friday 10th April and have an unforgettable Easter of footballing fun!

Event Details:

Dates:
<ul style="list-style-type: none"> • Week 1: Monday 30th March – Thursday 2nd April • Week 2 Tuesday 7th April – Friday 10th April
Times:
<ul style="list-style-type: none"> • 9:00-4:00
Cost:
<ul style="list-style-type: none"> • 1 day - £22.50 • 2 days - £45 • 3 days - £65 • 4 days - £85 • 5 days - £100

Ages:
<ul style="list-style-type: none"> • Ages 5-12
Venues:
<ul style="list-style-type: none"> • Chesterton Community College • Coleridge Community College • Comberton Village College • Swavesey Village College



Be in with a chance to win amazing Cambridge United prizes and enjoy our daily themes where every child can express themselves in any way they want!

Also meet our very own Cambridge United players who get involved with games and activities!

There's still plenty of spaces, so make sure to register soon and secure your spot via our website:

Soccer Schools - [Soccer Schools | Cambridge United FC.](#)

If you have any questions or need any more information the please send us an email.

For Soccer Schools, please email Elliot at elliott@cambridgeunited.com

We can't wait to see you there!

Best wishes,
 Cambridge United FC

